



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HOMESCHOOL P.E. PROGRAM

-REGISTRATION OPENS THURSDAY, NOVEMBER 15th for Session 3-

SESSION 3 Dates: Thursday, November 28th – Thursday, December 20th

MORNING Class Offerings for Session 3

10a-10:45a

*Swim Lessons: 5-8 yrs old

Gym: 9-14 yrs old

Hip Hop/Street Jazz: 9-14 yrs old

Martial Arts: 5-8 yrs old

Nutrition and Health: 9-14 yrs old

11a-11:45a

*POUND Fitness: 9-14 yrs old

Gym: 5-8 yrs old

Hip Hop/Street Jazz: 5-8 yrs old

Martial Arts: 9-14 yrs old

*Strength/Fitness: 11-14 yrs old

AFTERNOON Class Offerings for Session 3

1p-1:45p

*POUND Fitness: 9-14 yrs old

Gym: 5-8 yrs old

Hip Hop/Street Jazz: 9-14 yrs old

*Cheerleading/Gymnastics: 5-8 yrs old

*Strength/Fitness: 11-14 yrs old

2p-2:45p

*Swim Lessons: 5-8 yrs old

Gym: 9-14 yrs old

Hip Hop/Street Jazz: 5-8 yrs old

*Cheerleading/Gymnastics: 9-14 yrs old

COST for Session 3

Member (Individual): \$15

Member (Family-3+): \$35

Non-member (Individual): \$25

Non-member (Family-3+): \$70

REMINDER THAT SPOTS ARE LIMITED IN THESE CLASSES

****THERE IS ALSO A 4 CHILD MINIMUM ON EACH CLASS FOR IT TO RUN****