



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **PLAY & LEARN PARENT INFORMATION**

The Play & Learn program is a service provided to Y members with a Family or Single Parent Family membership. Play & Learn is for children 6 weeks old through 6 years old. Parents also have the option of leaving their 7 year old in Play & Learn if they feel their child is not ready to go to The Hangout Room, gym or lobby. The staff strives to provide a variety of activities, keeping the safety and security of the children in mind. All staff are CPR and First Aid certified.

### **PLAY & LEARN HOURS**

Weekday mornings: Monday – Friday 8:45am to 12 noon

Saturday mornings – 9 to 11am

Evenings: Monday – Thursday 4:30 to 8pm

**CHECKING IN** – Parent/guardian must sign child/ren in on the clipboard. Children take off shoes and place on black trays. Children who are walking must wear socks or slippers.

**CHECKING OUT** – Write the time you pick up your child on the clipboard. If someone other than the adults on your membership unit is picking up, you must fill out a sheet approving this. If someone not on your approved pick up list comes to pick up your child, they will not be allowed to do so. We may ask for ID.

#### **GENERAL POLICIES –**

\*Parent must remain in the building while their child/ren are in the Play & Learn room. The one exception to this rule would be if a parent wants to use the track and equipment around the pond at the hospital. Let staff know that is your intention and write cell # on the sign in sheet.

\*All bottles must be pre-made for our staff.

\*Toys, snacks, blankets and other personal items are not allowed. The ONLY exception to this is a baby with their own baby/receiving blanket or burp cloth.

\*We do not feed children. No food is allowed in the Play & Learn room. A sippy cup with a spill-proof lid is okay.

\*We do not change diapers. If your child needs a change, or assistance with toilet needs, a staff member will come and let you know.

#### **HEALTH AND WELLNESS –**

\*We do not dispense medicine of any kind, including lotion or lip balm.

\*If your child has a health concern you want our staff to be aware of, fill out one of our Health Concerns Sheets. This could be allergies, seizures and any other special needs.

**IN ORDER FOR YOUR CHILD TO ENTER THE PLAY & LEARN ROOM, THEY MUST NOT HAVE ANY OF THE FOLLOWING WITHIN THE LAST 24 HOURS** – It is at the staff and Program Director’s discretion as to whether a child may come into Play & Learn if they are exhibiting any type of illness, rash, etc.. We encourage sharing toys, not germs : )

\*Fever of 100 degrees or higher

\*Diarrhea or vomiting

\*Eye drainage or pink eye

\*Thick, green nasal drainage

\*Any undiagnosed rash

\*General ill feeling

\*Head lice

\*If an antibiotic has been prescribed, a full 24 hrs of treatment must be completed before attending Play & Learn.

\*Do not bring your child if anyone in your household is on quarantine for COVID-19.

#### **BEHAVIORAL MANAGEMENT PROCEDURES –**

The Y strives to maintain a positive approach to managing children’s behavior at all times. When inappropriate behavior is displayed, every effort is made to help a child understand their actions, apologize if necessary, and redirect their attention. When hitting, for example, becomes a chronic occurrence, a staff member will discuss with the parent. If the Program Director feels a “break” from Play & learn is needed, she will discuss that with the parent. Biting and hitting a staff member is an automatic removal for that day. If this occurs a second time, a 2 week break will be incurred.

**CRYING** – Our staff makes every effort to make your child feel comfortable and confident while in our care. Sometimes a child experiences separation anxiety and may cry excessively. We will try for several minutes to ease their crying before we come to get you. If a child has a difficult time when dropped off, we like to try having you leave them for short periods of time (15 min), and then have you pick them up. As they gain comfort and confidence, we increase time to 30 min, and so on. Our staff has found this the best way to help those little ones to acclimate until they get to know new faces and new places.

\*When a Play & Learn staff member comes to get you concerning your child, whether for a diaper change, behavior or crying, your response needs to be immediate.

**SAFE SLEEP** – Just so you know....If a child naps while they are in our care, we do not let them sleep in a car seat or bouncer seat. The child will either sleep in our arms or on their back in the Pack n’ Play. This is the suggestion from The American Academy of Pediatrics.

**WELCOME TO THE Y!! OUR STAFF LOOKS FORWARD TO GETTING TO KNOW YOU AND YOUR FAMILY!!**

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