



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WANTED: YMCA LIFEGUARDS Summer Break Special!

American Red Cross Lifeguard Certification

ALL CLASSES ARE HELD AT THE PARKVIEW HUNTINGTON YMCA

TIMES:

Friday, May 24th 4:30–5:30pm

Tuesday, May 28th 3:30–8:30pm

Wednesday, May 29th 3:30–8:30pm

Thursday, May 30th 3:30–8:30pm

Friday, May 31st 3:30–8:30pm



COST: \$50 for those interested in employment with our Y
\$200 for community members

PREREQUISITES FOR THE CLASS:

- **Must be 15 before the last class session**
- **Swim 300 yards continuously, demonstrating breath control and rhythmic breathing**
- **Tread water for 2 minutes using only the legs**
- **Complete a timed event within 1 minute, 40 seconds**