



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA AFTERSCHOOL PROGRAM FOR MIDDLE SCHOOLERS 2025-2026

Dear Parent/Guardian,

We are excited your child is joining us at the Y after school! We look forward to getting to know your students and having them be an active part in our Y community. Here at the Y, we value Youth Development, Healthy Living, and Social Responsibility; and we believe after school activities are one way we can impact these areas! All middle school youth are eligible for a free membership to the Y! Stop in at the front desk to see how to get your membership set up. Once your membership is active, you may register your student to attend the after school program.

PROGRAM INFORMATION

We acknowledge that adolescents of middle school age are not fully mature, but are of the age of reason to which they can be responsible for behaving appropriately and following rules and regulations. We have policies in and around our facility and programs that are designed for the safety of everyone involved, including staff and the facility itself. When minors are in the facility for any reason, they are expected to behave according to these policies that are in alignment with our core values; Honesty, Caring, Respect, and Responsibility.

- After school program will offer supervision from 2:45pm-5:15pm.
- We will offer a light snack, however students are welcome to bring their own snack
- After school, staff will meet students at the bell inside of CMS. Students are responsible for checking in with staff for attendance.
- Students will be escorted from CMS to the YMCA using sidewalks and crosswalk appropriately. (Students enrolled in our program who choose to deviate from the group and leave without staff and/or choose to walk across the parking lot will be subject to our behavior protocol.)
- At the YMCA, students are required to scan in using their key fob—every time.
- Personal belongings are to be placed in the hangout room. Students are welcome to use that room for homework, board games, and to just hang out.

Once your child is in our facility, we have staff designated to provide supervision during the duration of the program. This includes both direct and indirect supervision. For example, youth have designated areas of our facility that they are permitted to use, and we will monitor those areas by walking through these areas and watching, listening, interacting with them as well as observing video surveillance. If your child chooses to leave these designated areas or enter areas where they are not permitted, they will be subjected to our inappropriate behavior policies. Furthermore, if your child chooses to leave the facility, we are making the assumption that you and your child have communicated and you know where he or she is going. **Once your child leaves the facility, we are not responsible for their wellbeing.**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH MEMBER EXPECTATIONS

- Registration is required to enter the building as a part of the after school program without a parent or guardian (2:45pm-5:15pm).
- A key fob will be issued to each student, and they are expected to use it to sign in daily. A lost card will result in a \$5 replacement fee; three consecutive days without a card deems it lost.
- All youth members are required to follow YMCA policies and procedures whenever in the building.
- Youth will not display PDA while on YMCA property.
- Youth will utilize the inside of the building for its intended use (not for Hide and Seek, Tag, etc.)
- Youth will not participate in bullying of any kind, no fighting, no vaping and no smoking.

If there is ever an issue with a youth's behavior, a parent/guardian or emergency contact will be notified via phone of the situation and an in person conversation will be required with an Afterschool Supervisor. THE YMCA RESERVES THE RIGHT TO TERMINATE AFTERSCHOOL USAGE IF THE YOUTH'S BEHAVIOR IS NOT IN ACCORDANCE WITH YMCA POLICIES AND PROCEDURES.

BEHAVIOR ENFORCEMENT POLICY

NON-PHYSICAL OFFENSES (Verbal bullying, swearing, breaking YMCA policies)

1. A verbal warning for minor behaviors will be given with a clear expectation of behavior moving forward. A YMCA volunteer chore will be completed.
2. Students will be sent home and must sit out the following day and complete a volunteer chore the day they return.
3. Students will be suspended for 1-week and complete 3 days of volunteer chores when they return.
4. Students will be expelled for a determined amount of time (up to the remainder of the school year).

PHYSICAL BEHAVIOR OFFENSES (Dependent on severity, can skip step 1)

1. Students will be sent home and must sit out the following day as well and complete a volunteer chore the day they return.
2. Students will be suspended for 1-week and complete 3 days of volunteer chores when they return.
3. Students will be expelled for a determined amount of time (up to the remainder of the school year).

Volunteer chores consist of picking up trash in our outdoor area, cleaning door handles, cleaning rails on stairs, etc. The purpose of students completing chores is to give them a responsible, productive response to their misbehavior.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

By signing this document, I understand the parameters of the YMCA Afterschool Program for Middle Schoolers and agree to the above guidelines and expectations.

Child Name: _____

Child Signature: _____

Child's Current Grade: _____

Parent/Guardian Signature: _____

Emergency Contact Name and Phone Number:

Date: _____

Please sign, date and return this page only to complete registration.

Please select what months you would like to sign up for. Each month is \$10.

___ August

___ January

___ September

___ February

___ October

___ March

___ November

___ April

___ December

___ May

Would you like payments **SCHEDULED ON DUE DATES** or **ONE LUMP SUM**? Please circle one.

If your child is enrolled in after school activities and practice is unexpectedly cancelled, they must be enrolled in the After School Program in order to attend.